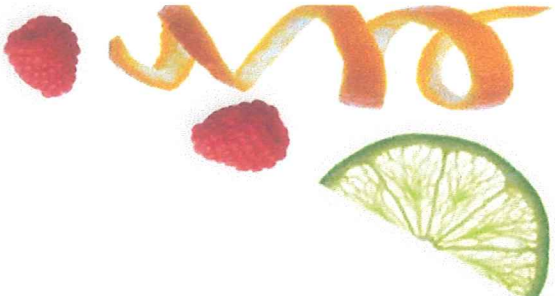


SIMPLY GOOD



Kennedy Middle School Lunch Menu September 4-8, 2017

Station	Monday	Tuesday	Wednesday	Thursday	Friday
create \$2.65 	Favorite Comfort Foods & International Flavors Served Your Way!				
	No School Labor Day	Welcome Back!! No breakfast or lunch service today!!	Chicken Rings Tator Tots WG Dinner Roll Made to Order Soft Taco or Nachos	<u>Brunch for Lunch</u> French Toast Turkey Sausage Tator Tots Made to Order Soft Taco or Nachos	Pene Pasta with Classic Meat Sauce Breadstick Made to Order Soft Taco or Nachos
grilled \$2.65	Breaded Chicken Sandwiches, Hamburgers & Cheeseburgers Available Daily				
			Bacon Cheeseburger Baked Tator Tots	Grilled Chicken Club Baked Tator Tots	Bosco Sticks w/ Sauce Baked Tator Tots
 \$2.65	Homemade Cheese and Cheese & Pepperoni Pizza Available Daily				
			Italian Sausage Pizza	BBQ Chicken Pizza	Meat Lover's Pizza
SODELI \$3.35			Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar
 \$3.35	Homemade Cheese and Cheese & Pepperoni Pizza Available Daily				
			Strawberry Parfait w/ Granola	Strawberry Parfait w/ Granola	Strawberry Parfait w/ Granola
EXTRA! EXTRA! Cold Fruit & Vegetable Bar Offered Daily & Included with all meals	Chopped Romaine Salad Fresh Baby Carrots Chilled Pears Fresh Local Red Apple	Colorful Tossed Salad Sliced Cucumbers Rosy Applesauce Fresh Local Orange	Chopped Romaine Salad Fresh Cherry Tomatoes Fruit Cocktail Fresh Golden Delicious Apple	Colorful Tossed Salad Garbanzo Beans Chilled Pineapple Fresh Local Banana	Chopped Romaine Salad Fresh Broccoli Chilled Peaches Local Fresh Pear

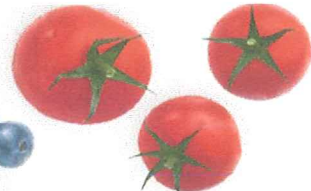
Find menus, nutrition, allergen information and more online or on your phone!



Download School Menus by Nutrislice to your smartphone from the App Store or visit: lakeshoreschools.nutrislice.com

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of fat free milk.








This institution is an equal opportunity provider.



SIMPLY GOOD



Kennedy Middle School Lunch Menu September 11-15, 2017

Station	Monday	Tuesday	Wednesday	Thursday	Friday
 \$2.65  CELEBRATE LATIN	Favorite Comfort Foods & International Flavors Served Your Way!				
	Hot Dog on Bun Classic Baked Beans	Pene Pasta with Sauce and Meatballs Breadstick Savory Green Beans	Chicken Nuggets Baked Tator Tots Dinner Roll	<u>Brunch for Lunch</u> Colby Cheese Omelet Turkey Sausage Warm Cinnamon Roll Hash Brown Patty	Loaded Potato Tot Beef & Bean Chili Shredded Cheddar Salsa Shredded Lettuce
	Made to Order Soft Taco or Nachos	Made to Order Soft Taco or Nachos	Made to Order Soft Taco or Nachos	Made to Order Soft Taco or Nachos	Made to Order Soft Taco or Nachos
 \$2.65	Breaded Chicken Sandwiches, Hamburgers & Cheeseburgers Available Daily				
	Grilled Chicken Club Baked Tator Tot	Hot Ham & Cheese Bagel Baked Tator Tot	Bacon Cheeseburger Baked Tator Tot	Grilled Chicken Club Baked Tator Tot	Bosco Sticks w/ Sauce Baked Tator Tot
 \$2.65	Homemade Cheese and Cheese & Pepperoni Pizza Available Daily				
	Hawaiian Pizza	Meat Lover's Pizza	Italian Sausage Pizza	BBQ Chicken Pizza	Meat Lover's Pizza
 \$3.35	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar
 \$3.35	Homemade Cheese and Cheese & Pepperoni Pizza Available Daily				
	Orange Crush Parfait w/ Granola	Orange Crush Parfait w/ Granola	Orange Crush Parfait w/ Granola	Orange Crush Parfait w/ Granola	Orange Crush Parfait w/ Granola
 Cold Fruit & Vegetable Bar Offered Daily & Included with all meals	Chopped Romaine Salad Fresh Baby Carrots Chilled Pears Fresh Local Red Apple	Colorful Tossed Salad Sliced Cucumbers Rosy Applesauce Fresh Local Orange	Chopped Romaine Salad Fresh Cherry Tomatoes Fruit Cocktail Fresh Golden Delicious Apple	Colorful Tossed Salad Garbanzo Beans Chilled Pineapple Fresh Local Banana	Chopped Romaine Salad Fresh Broccoli Chilled Peaches Local Fresh Pear

Find menus, nutrition, allergen information and more online or on your phone!



Download School Menus by Nutrislice to your smartphone from the App Store or visit: lakeshoreschools.nutrislice.com

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of fat free milk.
 This institution is an equal opportunity provider.



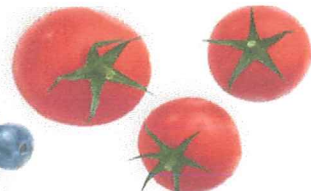
Kennedy Middle School Lunch Menu September 18-22, 2017

Station	Monday	Tuesday	Wednesday	Thursday	Friday
Favorite Comfort Foods & International Flavors Served Your Way!					
<p style="margin: 0;">\$2.65</p> <p style="margin: 0; font-size: 0.8em;">CELEBRATE LATIN</p>	Chicken Sticks Seasoned Wedges Baked Beans Fresh Dinner Roll Made to Order Soft Taco or Nachos	Pene Pasta with Sauce and Meatballs Breadstick Savory Green Beans Made to Order Soft Taco or Nachos	Lake Shore Popcorn Chicken Bowl WG Dinner Roll Made to Order Soft Taco or Nachos	<u>Brunch for Lunch</u> French Toast Sticks Scrambled Eggs Hash Brown Starz Made to Order Soft Taco or Nachos	Chicken & Cheese Quesadilla Refried Beans Salsa/Sour Cream Made to Order Soft Taco or Nachos
Breaded Chicken Sandwiches, Hamburgers & Cheeseburgers Available Daily					
<p style="margin: 0;">\$2.65</p>	Grilled Chicken Club Seasoned Wedges	Hot Ham & Cheese Bagel Seasoned Wedges	Bacon Cheeseburger Seasoned Wedges	Grilled Chicken Club Seasoned Wedges	Bosco Sticks w/ Sauce Seasoned Wedges
Homemade Cheese and Cheese & Pepperoni Pizza Available Daily					
<p style="margin: 0;">\$2.65</p>	Hawaiian Pizza	Meat Lover's Pizza	Italian Sausage Pizza	BBQ Chicken Pizza	Meat Lover's Pizza
<p style="font-size: 1.5em; margin: 0;">SODELI</p> <p style="margin: 0;">\$3.35</p>	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar
<p style="margin: 0;">\$3.35</p>	Pineapple Parfait w/ Granola	Pineapple Parfait w/ Granola	Pineapple Parfait w/ Granola	Pineapple Parfait w/ Granola	Pineapple Parfait w/ Granola
<p style="margin: 0; font-size: 0.8em;">Cold Fruit & Vegetable Bar Offered Daily & included with all meals</p>	Chopped Romaine Salad Fresh Baby Carrots Chilled Pears Fresh Local Red Apple	Colorful Tossed Salad Sliced Cucumbers Rosy Applesauce Fresh Local Orange	Chopped Romaine Salad Fresh Cherry Tomatoes Fruit Cocktail Fresh Golden Delicious Apple	Colorful Tossed Salad Garbanzo Beans Chilled Pineapple Fresh Local Banana	Chopped Romaine Salad Fresh Broccoli Chilled Peaches Local Fresh Pear

Find menus, nutrition, allergen information and more online or on your phone!

Download School Menus by Nutrislice to your smartphone from the App Store or visit: lakeshoreschools.nutrislice.com








A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of fat free milk.
This institution is an equal opportunity provider.



SIMPLY GOOD



Kennedy Middle School Lunch Menu September 25-29, 2017

Station	Monday	Tuesday	Wednesday	Thursday	Friday
 \$2.65 	Favorite Comfort Foods & International Flavors Served Your Way!				
	Boneless Wings Dinner Roll Classic Baked Beans Waffle Fries Made to Order Soft Taco or Nachos	Pene Pasta with Sauce and Mealballs Breadstick Savory Green Beans Made to Order Soft Taco or Nachos	Macaroni & Cheese Fresh Breadstick Seasoned Broccoli Made to Order Soft Taco or Nachos	<u>Brunch for Lunch</u> Golden Pancakes Turkey Sausage Patty Hash Brown Patty Made to Order Soft Taco or Nachos	Italian Meatball Sub Waffle Fries Made to Order Soft Taco or Nachos
 \$2.65	Breaded Chicken Sandwiches, Hamburgers & Cheeseburgers Available Daily				
	Grilled Chicken Club Waffle Fries	Hot Ham & Cheese Bagel Waffle Fries	Bacon Cheeseburger Waffle Fries	Grilled Chicken Club Waffle Fries	Bosco Sticks w/ Sauce Waffle Fries
 \$2.65	Homemade Cheese and Cheese & Pepperoni Pizza Available Daily				
	Hawaiian Pizza	Meat Lover's Pizza	Italian Sausage Pizza	BBQ Chicken Pizza	Meat Lover's Pizza
 \$3.35	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar	Made to Order Sandwich & Salad Bar
 \$3.35	Homemade Cheese and Cheese & Pepperoni Pizza Available Daily				
	Berry Parfait w/ Granola	Berry Parfait w/ Granola	Berry Parfait w/ Granola	Berry Parfait w/ Granola	Berry Parfait w/ Granola
 Cold Fruit & Vegetable Bar Offered Daily & included with all meals	Homemade Cheese and Cheese & Pepperoni Pizza Available Daily				
	Chopped Romaine Salad Fresh Baby Carrots Chilled Pears Fresh Local Red Apple	Colorful Tossed Salad Sliced Cucumbers Rosy Applesauce Fresh Local Orange	Chopped Romaine Salad Fresh Cherry Tomatoes Fruit Cocktail Fresh Golden Delicious Apple	Colorful Tossed Salad Garbanzo Beans Chilled Pineapple Fresh Local Banana	Chopped Romaine Salad Fresh Broccoli Chilled Peaches Local Fresh Pear

Find menus, nutrition, allergen information and more online or on your phone!



Download School Menus by Nutrislice to your smartphone from the App Store or visit: lakeshoreschools.nutrislice.com

A full student lunch includes a choice of entrée supplying protein and grain, two (2) vegetable side dishes, two (2) fruit side dishes, and a choice of fat free milk.
 This institution is an equal opportunity provider.